



What is virtual physical therapy?

No more struggling to fit physical therapy into your busy schedule. Access top-tier physical therapy from wherever you are, whenever you need.

With virtual physical therapy, you'll receive personalized exercises, real-time feedback, and the guidance of licensed therapists through your digital device.

What's included

Receive expert care on your phone, tablet or laptop. No downloads or passwords required.



Dedicated Physical Therapist



Personalized Care Plans

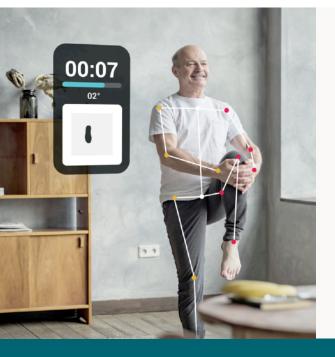


Interactive Exercise Sessions



Unlimited
Secure Messaging





Easy setup, easier access

1. Schedule

We'll reach out via text or phone to schedule a video call evaluation with your dedicated physical therapist.

2. Exercise

Your physical therapist will then create a tailored, interactive care plan for you to complete at home and on your own time.

3. Review

Your progress will be shared with your physical therapist to update your plans and help you on your road to recovery.